



Dehydrated Vegetable Mix

Specifications :

Price	Contact us
Place of Origin	China
Min.Order Quantity	100
Payment Terms	T/T,L/C,D/P
Supply Ability	10000
Delivery Detail	3days-7days

Detail Introduction :

dehydrated vegetable mix & A Symphony of Vegetable Flavors

Dehydrated mixed veggies are a medley of dehydrated carrots, onions, tomatoes, peas, celery, green bell peppers, green beans, and parsley. What a winning combination! Whether you're a backpacker, a busy mom, or simply looking for easy ways to live healthier, mixed vegetables and our prepper food kits are the way to go. And our dehydrated mixed vegetables are non-GMO, guaranteed free of all heavy metals and pesticides, certified Kosher, and packaged in BPA-free containers! Easy to store and easy to use, freeze-dried mixed vegetables are a must-have for every kitchen pantry.

The dry vegetable mix supplier provides the following guidelines on the dehydrated vegetable mix.

What is a dry vegetable mix?

Dehydrated mixed veggies are a medley of dehydrated carrots, onions, tomatoes, peas, celery, green bell peppers, green beans, and parsley. ... Easy to store and easy to use, freeze-dried mixed vegetables are a must-have for every kitchen pantry.

Is dehydrated vegetable healthy?

Dehydrated foods also maintain their nutrients for much longer than their fresh counterparts.

Research shows that fresh produce loses its vitamin, mineral, and antioxidant content within a few days of refrigeration — with reductions as high as 50% for some nutrients.

How do you use a dried vegetable mix?

One of the best uses of dehydrated veggies is turning them into vegetable powders. You can add veggie powders to smoothies, soups, puree mixes, juices, sauces, burgers, and curries. Add your dehydrated veggies to your blender and whizz around until you reach a powder consistency!