



# Frozen Berries

## Specifications :

Price	Contact us
Place of Origin	China
Min.Order Quantity	100
Payment Terms	T/T,L/C,D/P
Supply Ability	10000
Delivery Detail	3days-7days

## Detail Introduction :

Berries, also known as black chokeberries, are slowly becoming popular in the USA in recent years due to their exceptional health benefits. You may find powders, juices, etc., but we believe the healthiest way to eat them is raw. Raw organic Aronia berries have over three times the antioxidants of blueberries. Studies also show organic Aronia berries help regulate blood sugar, reduce blood pressure and reduce Cholesterol, among many other benefits. Although extremely popular in Europe for over 50 years, Aronia berries grow exceptionally well in the northern US climate. Aronia berries are good producers and aren't as susceptible to bugs as other berries, making them an excellent berry to grow organically. Our organic Aronia berries are similar in size to blueberries with a deeper, darker blackish blue color. Aronia berries have a good mild flavor making them perfect for juicing or smoothies. Overall, ORAC is 3-4 times higher than blueberries.

### Health Benefits:

Organic berries are extremely rich in anthocyanins, two in particular that have great anti-inflammatory effects on the body.

Human trials showed a 25% reduction of the most dangerous of all Cholesterol, Oxidized Low-density lipoprotein (ox-LDL), following the consumption of Aronia.

Studies show Aronia berries to be beneficial for many common diseases, including Alzheimer's, high blood pressure, colon cancer, high Cholesterol, heart disease, and diabetes.

### Serving Suggestions:

Smoothies, juice, or with yogurt, granola, or oatmeal

Product Name: Top Quality berries Mixed Berry with good price

Ingredient: Blackberry, Blueberry, Strawberry, Raspberry

Place of origin: China(Mainland)

Shape: Whole

Certification: HACCP, FDA, Brc, ISO22000, Kosher, Halal

Quantity/conveyance: 20 TO 24 MT in 40'RFCL

Specification: Grade A and B

Packing: 10KGS/CARTON

Shelf Life: 24 Months 24 Months

Colour: Natural

Capacity Yearly: 100MT/YEAR

Price Terms: FOB Qingdao Port, CNF, CIF



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MOQ:1\*40'FT

Delivery Time:14 days after the deposit

Do you need to thaw berries before eating?

If you're using the berries in baking or in a smoothie, there's no need to defrost them. That especially goes for turning them into soft-serve\*. For other uses—garnishing, salads, sundaes, yogurt—you'll want to defrost the berries first. You can make them taste the best with proper defrosting.

Do berries go bad?

There's no expiration date, exactly. However, berries do have one. Berries will last for about four to six months, Moon says, as long as you put them in the freezer upon purchasing.

What's wrong with berries?

Most viruses and bacteria found on berries can survive freezing. They also can survive freeze-drying and heat treatments of less than 85 degrees Celsius. Preparing berries safely is important when you: make uncooked foods that normally contain berries, like smoothies and desserts.