



Frozen Chopped Onions

Specifications :

Price	Contact us
Place of Origin	China
Min.Order Quantity	100
Payment Terms	T/T,L/C,D/P
Supply Ability	10000
Delivery Detail	3days-7days

Detail Introduction :

Calories	30
	% Daily Value*
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0.0mg	0%
Sodium 10.0mg	0%
Total Carbohydrate 6g	2%
Dietary Fiber 1g	4%
Sugars 3g	
Includes Added Sugars 0g	
Protein 0g	
Calcium 260.0mg	0%
Potassium 100mg	2%
Iron 0.0mg	0%
Vitamin D 0.0mcg	0%

Are frozen chopped onions any good?

if simple simmering or glazing is what you're planning, then frozen onions could do you well, provided you like a stronger onion flavor. If a heartier texture that stands up better to cooking is what you need, or you prefer the milder, grassier flavor of fresh onions then stick with the fresh.